

Premier Soccer Company Summer HS Satellite Camps 2019



HIGH SCHOOL CAMPS AT YOUR SCHOOL

Host a Summer camp at your high school. 4 days of 3 hours instruction and training in a developed curriculum; You provides dates and location and we will bring our highly qualified staff to your school for An elite level summer training camp.

www.premiersoccercompany.com



Premier Soccer Company





Premier Soccer Company



Experienced and licensed coaches coming to your community to provide a elite level camp program



Developed Curriculum including 3 GK training sessions included in each camp. (1:15 minutes) X 3 sessions.

Shot stopping

Handling

Throwing and distribution

Kicking

Plyometric and agility

Developing a 'warm up' regiment

Diving and saving

Catching from crossing and punching



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Premier Soccer Daily Curriculum

Day 1:

Agility and warm
up/fitness

Technical training
Finishing and link
play in the final 3rd
of the field

GK Session 1.



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Premier Soccer Daily Curriculum

Day 2

Agility, Warm up and fitness

Technical training in passing

Small group possession

Possession with purpose from the back (GK) to forward and scoring goals

GK Session 2



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Premier Soccer Daily Curriculum

Day 3:

Agility and Warm
Up/Fitness

Technical dribbling
exercise to 1v1

To 4 v 4 on goal

Small sided exercises /
games

11 v 11 tactical
coaching / 'when to'
dribble and attack



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Premier Soccer Daily Curriculum

Day 4:

Agility and warm up/fitness

Individual defending

Defending in groups from 2
v 2

To 4 v 4

11 v 11 Defensive shape and
responsibilities



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Testimonial:

"I strongly recommend partnering with Premier Soccer Camps. PSC planned out a very detailed and results oriented program that my players loved. The program kept the players attention while keeping them very active. PSC camp is unique as it focuses on many fundamental areas of technical and tactical alike. GK Trainer was the best I have ever seen. While his curriculum is tough and demanding, the sessions are A+!!!" ~ Coach Dan Brady, Hilliard Darby HS Girls team



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Working in partnership with your high school, coaches and community at an affordable cost: **Premier Soccer Company.**



**Costing for your PSC Satellite
Camp:**

12-20 Players = 1 coach + 3 GK
Sessions:

20-36 Players = 2 coaches + 3
GK Sessions

36-50 Players = 3 coaches + 3
GK Sessions

**Cost: \$115 per
player for 4 day
camp for 3 hours
per day.**



Premier Soccer Company





Premier Soccer Company

- ▶ Director Of Coaching and Education:
- ▶ Nick Roberts, Head Coach at Urbana University Men's Soccer Team
- ▶ 2012 and 2016 Conference Coach of The Year
- ▶ 2016 Regional Coach of The Year
- ▶ NCAA Final 16 - 2015, 2016
- ▶ USSF A License / NSCAA Premier License
- ▶ 2 National Titles at Youth levels
- ▶ *Curriculum designed to give maximum training and topic variety in methods that will prepare you teams for you up and coming seasons.*
- ▶ Visit www.premiersoccercompany.com

Premier Soccer Company LLC employs the most qualified coaches from the collegiate, youth and professional game that are screened for their ability to teach and coach high school age players with great effect to your program.

