HIGH SCHOOL CAMPS AT YOUR SCHOOL



Host a Summer camp at your high school.

4 days of 3 hours instruction and training in a developed curriculum;

You provides dates and location and we will bring our highly qualified staff to your school for An elite level summer training camp.

www.premiersoccercompany.com







Experienced and licensed coaches coming to your community to proving a elite level camp program

Developed Curriculum including 3 GK training sessions included in each camp. (1:15 minutes) X 3 sessions.

Shot stopping

Handling

Throwing and distribution

Kicking

Plyometric and agility

Developing a 'warm up' regiment

Diving and saving

Catching from crossing and punching





Premier Soccer Daily Curriculum

Day 1:

Agility and warm up/fitness

Technical training Finishing and link play in the final 3rd of the field

GK Session 1.





Premier Soccer Daily Curriculum

Day 2

Agility, Warm up and fitness

Technical training in passing

Small group possession

Possession with purpose from the back (GK) to forward and scoring goals

GK Session 2





Premier Soccer Daily Curriculum

Day 3:

Agility and Warm Up/Fitness

Technical dribbling exercise to 1v1

To 4 v 4 on goal

Small sided exercises / games

11 v 11 tactical coaching / 'when to' dribble and attack





Premier Soccer Company



Premier Soccer Daily Curriculum

Day 4:

Agility and warm up/fitness

Individual defensing

Defending in groups from 2 v 2

To 4 v 4

11 v 11 Defensive shape and responsibilities



Testimonial:

"I strongly recommend partnering with Premier Soccer Camps. PSC planned out a very detailed and results oriented program that my players loved. The program kept the players attention while keeping them very active. PSC camp is unique as it focuses on many fundamental areas of technical and tactical alike. GK Trainer was the best I have ever seen. While his curriculum is tough and demanding, the sessions are A+!!!" ~ Coach Dan Brady, Hilliard Darby HS Girls team



Working in partnership with your high school, coaches and community at an affordable cost: Premier Soccer Company





Costing for your PSC Satellite Camp:

12-20 Players = 1 coach + 3 GK Sessions:

20-36 Players = 2 coaches + 3 GK Sessions

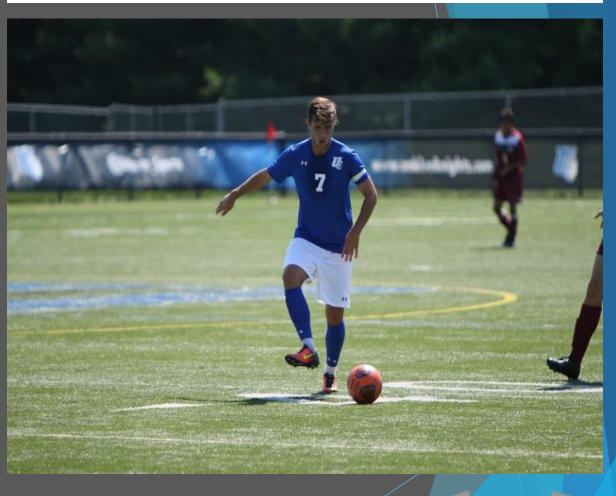
36-50 Players = 3 coaches + 3 GK Sessions

Application form also attached Cost: \$115 per player for 4 day camp for 3 hours per day.

12-20 players = 1 coach 20-36 players = 2 coaches 36 - 48 players = 3 coaches

This also includes 3 1 hour GK sessions









- Director Of Coaching and Education:
- Nick Roberts, Head Coach at Urbana University Men's Soccer Team
- ▶ 2012 and 2016 Conference Coach of The Year
- 2016 Regional Coach of The Year
- NCAA Final 16 2015, 2016
- USSF A License / NSCAA Premier License
- 2 National Titles at Youth levels
- Curriculum designed to give maximum training and topic variety in methods that will prepare you teams for you up and coming seasons.
- Visit <u>www.premiersoccercompany.com</u>

Premier Soccer Company LLC employs the most qualified coaches from the collegiate, youth and professional game that are screened for their ability to teach and coach high school age players with great effect to your program.